



21 DAYS OF SPIRITUAL GROWTH FOR KIDS!

Welcome to your 21-day spiritual adventure!

Each day, you'll read a special Bible verse and then do a fun activity that helps you understand it better. At the end of the day, check off the box to celebrate that you finished. Keep going each day and watch how you grow closer to God!

Pro tip!

Sometimes a verse will make more sense in a different translation. Use the YouVersion Bible app to look at multiple versions of the verse if you need to.

DAY 1

The Value of Wisdom

Read Proverbs 4:7

ACTIVITY

Define wise and smart. For older kids, discuss the difference. Draw a treasure chest and inside it, write or draw someone you consider "wise." What makes them wise?

I DID IT!

DAY 7

Wisdom is Better Than Gold

Read Proverbs 3:13-14

ACTIVITY

Have a grown-up give you a "piece of gold" (like a toy or coin). Read today's verses together and trade your gold for a wise action, like sharing, being kind or listening well.

I DID IT!

DAY 13

Seek Knowledge

Read Proverbs 18:15

ACTIVITY

Read a new book or ask a question you're curious about today to grow in knowledge.

I DID IT!

DAY 19

Seek God's Guidance

Read Proverbs 3:6

ACTIVITY

Before making a decision today, stop and pray for God's guidance.

I DID IT!

DAY 2

Listen to Your Parents

Read Proverbs 23:22

ACTIVITY

Have a conversation with a grown-up in your life that you trust. Ask them for advice about something in your life and listen carefully.

I DID IT!

DAY 8

Be Humble

Read Proverbs 11:2

ACTIVITY

Think of a time today to choose humility (like saying sorry, sharing or helping without expecting anything back). Reflect on how it feels to be humble.

I DID IT!

DAY 14

The Wise Listen

Read Proverbs 10:17

ACTIVITY

Ask someone you trust to share a time when they had to choose between following correction or not. What did they learn from that?

I DID IT!

DAY 20

The Importance of Family

Read Proverbs 17:6

ACTIVITY

Spend quality time with your family today. Play a game or talk about your favorite memories together.

I DID IT!

DAY 3

Guard Your Heart

Read Proverbs 4:23

ACTIVITY

Make a "heart shield" with good thoughts and actions to protect your heart from bad ones. Hang it where you can see it and use it as a reminder when you're upset or sad.

I DID IT!

DAY 9

Avoid Anger

Read Proverbs 29:11

ACTIVITY

Learn ways to calm down when angry, like deep breaths, counting to 10, positive self-talk, moving or talking to a grown-up. Write them down to keep handy and practice one!

I DID IT!

DAY 15

The Power of Peace

Read Proverbs 15:1

ACTIVITY

When you disagree with someone today, try to speak gently and use kind words to resolve the situation.

I DID IT!

DAY 21

Seek Wisdom Every Day

Read Proverbs 2:10

ACTIVITY

Reflect on the wisdom you've learned over the past 21 days. Write or draw how you will continue to seek wisdom in the future.

I DID IT!

DAY 4

Speak with Kindness

Read Proverbs 16:24

ACTIVITY

Practice saying kind words to everyone you meet today. Try to compliment or encourage someone!

I DID IT!

DAY 10

Be a Good Friend

Read Proverbs 17:17

ACTIVITY

Find a friend today and either say something nice or do something kind for them!

I DID IT!

DAY 16

Be Generous

Read Proverbs 19:17

ACTIVITY

Share something you have with someone today—whether it's time, a toy or a kind word.

I DID IT!

DAY 5

Be Honest

Read Proverbs 12:22

ACTIVITY

Practice telling the truth today, even if it's hard. Think about or talk about how it makes you feel.

I DID IT!

DAY 11

Work Hard

Read Proverbs 14:23

ACTIVITY

Tackle a small task today that you've been putting off. Do your best and celebrate finishing it!

I DID IT!

DAY 17

Choose Your Friends Wisely

Read Proverbs 13:20

ACTIVITY

Write a note to a friend who helps you do the right thing and makes you happy. Thank them and say why you like being their friend. Give it to them or mail it with a grown-up's help.

I DID IT!

DAY 6

Trust in God

Read Proverbs 3:5

ACTIVITY

What are you scared or worried about? Or what's something you don't understand? Draw or write it down and pray for God's help.

I DID IT!

DAY 12

Be Wise with Your Words

Read Proverbs 12:18

ACTIVITY

Think of 3 positive things you can say today that might encourage someone who needs it. Write them down and see if you can complete all 3 today!

I DID IT!

DAY 18

Control Your Temper

Read Proverbs 16:32

ACTIVITY

Talk about when it's hard to have self-control and patience. Brainstorm peaceful ways to respond to frustration.

I DID IT!

To learn more about Gold Creek Kids or to see our events and what we're teaching, visit goldcreek.org/kids.