



WEEK 1 BIBLE STUDY

Memory Verse: “[Jesus] said, ‘I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life.’” John 8:12b

Read Matthew 6:25-34

Answer these questions:

(K - 3rd Grade)

1. What do flowers worry about?
2. What do birds worry about?
3. Why don't flowers and birds worry?
4. What does Jesus say we should do about worries?
5. What is one worry you want to give Jesus today so that you don't have to worry anymore?

(4th & 5th Grade)

1. What does Jesus say about the flowers and the birds?
2. What are some things kids your age worry about?
3. What should we focus on instead of worry?
4. What is one worry you want to give to Jesus today?
5. How can we give these worries to God?

MAKE IT STICK

5 Simple Ways You Can Make This Lesson Stick With Your Kids

THIS WEEK'S LESSON: WORRY-WARTS



IN THE CAR:

Ask your child what they learned about this week on the drive home:

When we get anxious over things we can't control, God wants us to remember how pointless that is. We need to trust him with our worries. That's when we'll see his light through the fog of anxiety. Matthew 6:25-34, Jesus' teachings about worry.



HANGING OUT:

Make this week's lesson real:

Sit with your kids in their rooms before bedtime. Ask what kinds of things make them worry. Pray with them and ask God to take away your worries - the kids', and yours.



AT DINNER:

Here are some great discussion starters:

- Why don't flowers and birds worry about anything?
- What does God want us to do instead of worry?
- What are some worries we need to give to Jesus?



AT BEDTIME:

Quiz your child on this week's memory verse:

"[Jesus] said, 'I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life.'" John 8:12b



PARENT TIME:

What you need to know:

What are you worrying about this week? Is this something you can share with your kids? If so, tell them, and pray with them. Pray for one another and the things that worry you. Ask God for his provision so you do not have to worry.

GLOW IN THE DARK: WORRY-WARTS



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